

ULTRA-TRAIL DRAKENSBERG UTD MILER



DETAILS		Stage KM	Total KM	Stage D+	Total D+	KM to Aid Station	Stage Time	Race Time	Day Time	Stage Time	Race Time	Day Time	Stage Time	Race Time	Day Time	Time Barriers	Day & Date	Aid Type	Allowed Support	Medical	Return Bus	Toilets	Drop Bag
START	LESOTHO BORDER POST	0	0	0	0	15.1	-	0	10H00	-	0	10H00	-	0	10H00	START	FRI 25	X				WC	
AID	SANI SUMMIT	15.1	15.1	826	826	11.7	1:40	1:40	11H40	1:50	01:50	11H50	4:00	04:00	14H00							WC	X
AID	LESOTHO BORDER POST	11.7	26.8	457	1283	21.5	1:40	3:20	13H20	1:50	03:40	13H40	3:00	07:00	17H00	17H00 CUT OFF	FRI 25					WC	X
AID	SALT & PEPPER	21.5	48.3	704	1987	10.0	2:20	5:40	15H40	2:55	06:35	16H35	6:20	13:20	23H20				X	X	X	X	X
AID	SANI VALLEY GATE	10.0	58.3	314	2301	14.8	1:15	6:55	16H55	1:35	08:10	18H10	3:00	16:20	02H20	02H30 CUT OFF	SAT 26					WC	X
AID	BALAM	14.8	73.1	190	2491	12.9	1:25	8:20	18H20	1:50	10:00	20H00	2:30	18:50	04H50							WC	X
AID	WILD DOG GATE	12.9	86.0	212	2703	11.4	1:40	10:00	20H00	2:00	12:00	22H00	2:30	21:20	07H20						X	X	X
AID	CRYSTAL WATERS	11.4	97.4	235	2938	14.8	1:35	11:35	21H35	1:55	13:55	23H55	2:50	24:10	10H10							WC	
AID	SWIMAN	14.8	112.2	267	3205	12.7	2:05	13:40	23H40	2:35	16:30	02H30	4:10	28:20	14H20				X		X	X	X
AID	CASTLEBURN	12.7	124.9	286	3491	11.4	1:50	15:30	01H30	2:45	19:15	05H15	4:30	32:50	18H50	19H00 CUT OFF	SAT 26					WC	X
AID	MZIMKULWANA HUT	11.4	136.3	415	3906	8.4	1:10	16:40	02H40	2:10	21:25	07H25	4:25	37:15	23H15				X	X	X	WC	X
AID	COBHAM	8.4	144.7	284	4190	9.8	2:05	18:45	04H45	1:35	23:00	09H00	2:30	39:45	01H45						X	WC	X
AID	SANI VALLEY GATE	9.8	154.5	265	4455	8.2	1:25	20:10	06H10	1:40	24:40	10H40	3:40	43:25	05H25							WC	X
FINISH	GLENCAIRN FARM	8.2	162.7	85	4540	0	0:45	20:55	06H55	1:10	25:50	11H50	1:35	45:00	07H00	CUT OFF 45hrs	SUN 27					WC	X
TECHNICAL DATA							MALE LEAD RUNNERS			FEMALE LEAD RUNNERS			BACK RUNNERS			AID KEY: WATER DRINKS FOOD DRINKS							